



Join us on Tuesday, March 24, 2026 for a live workshop: [RSVP Here!](#)

AN END-OF-LIFE TOOL KIT

Join us to discuss the use of the Arts
to create a meaningful end-of-life experience for those you love.

In this online workshop, folklorist, poet, and Founding Director of City Lore Steve Zeitlin, PhD, joins the President of the Nurse Practitioner Healthcare Foundation Phyllis Arn Zimmer, MN, FNP, FAANP, FAAN. Our guests are Regi Carpenter, a storyteller and author who uses the power of stories to help others deal with grief, loss, and mental health issues, and Annie Lanzillotto, poet, storyteller, performance artist, and legendary Bronx Tomboy.

Together with you, our participants, we will explore how the Arts can be used as part of an end-of-life toolkit. Whether you are a caregiver, a healthcare professional or doula, a hospice worker, a human being confronting your own death or memorializing the passing of a family member or friend, we explore how:

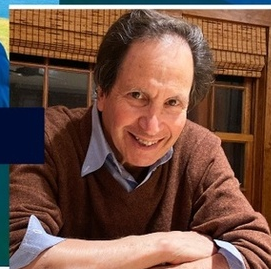
***songs *dance**
***visual arts**
***poetry *stories**

can serve as tools to gracefully navigate the impossibly difficult final chapter of our fragile existence. At the close of our Zoom, we ask you to share your own stories about how different art forms have helped you deal with grief and loss.

Tuesday
MARCH 24
2026
8pm est



Annie Lanzillotto



Steve Zeitlin



Regi Carpenter



Phyllis Arn Zimmer

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