



# Nurse Practitioner Healthcare Foundation

## National Nurse Practitioner Advocacy Training Program

### List of Participants



**Paul Arnstein, PhD, RN-BC, FNP, FAAN** – is the Clinical Nurse Specialist for Pain Relief at Massachusetts General Hospital and adjunct Associate Professor at the MGH Institute for Health Professionals in Boston. Dr. Arnstein works with patients, professionals and policy-makers to ensure that no patient lives or dies with needless pain. Dr. Arnstein was a founder and first president of the New Hampshire Cancer Pain Initiative. He also served as president of the New England Pain Association and the American Society for Pain Management Nursing (ASPMN). Dr. Arnstein helped develop the core curricula, exam, and certification preparation materials for ASPMN. He is widely published and frequently speaks at local, regional and national levels addressing topics that help improve the way pain is managed. This past year, he co-authored the Nurse Practitioner Healthcare Foundation's white paper "Managing Chronic Pain with Opioids: A Call for Change." As a Liaison to the Joint Commission, and as an advisor to legislators through the Pain Care Forum, Dr. Arnstein has expanded nursing's influence in promoting access to pain relievers and ensuring their safe use.

**Deonne Brown Benedict, DNP, ARNP, FNP-BC** – has been an NP for 15 years. In 2009, she opened Charis Family Clinic, a nurse-managed practice. She specializes in the evaluation and treatment of women, children, and patients with chronic diseases such as diabetes, asthma, and depression. Dr. Brown Benedict received the AANP state award of excellence for 2010. She served as an assistant professor at Seattle University in their direct-entry nurse practitioner (NP) program for three years and continues to mentor NP students. Dr. Brown Benedict serves on the board of ARNPs United, the Washington State NP organization, and chairs the Public Relations committee. She has been published in mental health texts, the Journal of the American Academy of Nurse Practitioners, the Journal of Nursing Education, The Nurse Practitioner, Clinician Reviews, and has written several articles on practice management for the NP-publication, Practice Management.



**Deborah Fisher, MS, RN, CS, PNP-BC, CPON** – is the Clinical Director for Pediatric Palliative Care & Pain Management, Virginia Commonwealth University Health Systems (VCUHS). She is also the Nursing Research Facilitator and has represented Pediatrics on the VCUHS Pain Committee for over 11 years. Ms. Fisher has published on the topic of pediatric pain, and was a content writer for the Pediatric Pain Module in the VCUHS Online Pain Curriculum. Presently, she is a doctoral candidate at VCU School of Nursing. Her research interests include pediatric pain and palliative care. Ms. Fisher has served in a variety of leadership roles including chapter vice president of Sigma Theta Tau, past president of the Virginia Chapter of the National Association of Pediatric Nurse Practitioners, co-chair of the Nursing Research Advisory Council, and co-chair of the Council of Advanced Practice Nurses.

**Theresa Grimes, MN, RN-BC, FNP-BC, CCRN** – is the Associate VP for Nursing, Nurse Practitioner Pain Management at the John T. Mather Memorial Hospital. Ms. Grimes was elected to the American Society for Pain Management Nursing's (ASPMN's) National Board of Directors in 2005, to President-Elect in 2008 and to the Presidency in 2009. Ms. Grimes' leadership in ASPMN began with co-authoring the Scope and Standards for Pain Management Nursing, a work that identified pain management nursing as a specialty in nursing. Ms. Grimes has collaborated with pain organizations to advocate for prevention of the under treatment of chronic pain in Washington and other states; worked with the American Pain Foundation to provide video clips to educate patients about safety in pain management; liaised to nursing organizations to integrate pain management into their standards; and provided testimony to the FDA to advocate for patients to receive appropriate pain management. Ms. Grimes is currently enrolled in Adelphi University's PhD program.



**Teresa Keane, MSN, PMHNP-BC** – practices at the Pain Clinic at NW Kaiser Permanente and has a private Psychiatric practice. She is a faculty member at OHSU in the schools of Medicine and Nursing and represents nursing on the Oregon Pain Commission. Ms. Keane is a Board member of the Western Pain Society and the Oregon Opioid Poisoning Workgroup. She received her Master of Science in Nursing and Post-Masters certification as a Psychiatric Mental Health Nurse Practitioner at Oregon Health & Sciences University in 1996. Ms. Keane studied Behavioral Medicine under Herbert Benson in 1995 and then went on to develop the first Stress Reduction Clinic at OHSU in 1996. It is in this clinical setting that her interest in treating patients with persistent pain began. Since then, Ms. Keane has worked in both Pain Management and Psychiatry.



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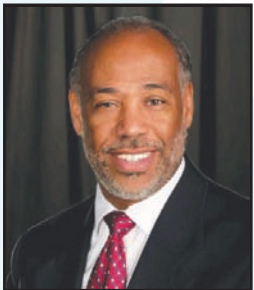
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**Eileen O'Grady, PhD, RN, NP-BC** – is a certified adult nurse practitioner and wellness coach and serves as Policy Editor for the American Journal of Nurse Practitioners. She writes a monthly column on health policy in Nurse Practitioner World News. She is currently a visiting professor at Pace University's Graduate School of Nursing in Manhattan where she teaches doctoral students health policy and wellness coaching. She is in private practice as a wellness coach. Dr. O'Grady has authored numerous articles and book chapters on advanced practice nursing and health policy. She has an active public speaking calendar in which she creates a compelling case for health care providers to use evidence-based tools to promote wellness and to more forcefully engage in the health policymaking process.

**Jane Pelosi-Kelly, MSN, APN/CNP, RN-C, ANP-BC, ACHPN** – is a Nurse Practitioner in CDPG Palliative Medicine. Ms. Pelosi-Kelly has worked in a variety of roles, including working as a Medical-Surgical Clinical Nurse Specialist (CNS), a Pain Management CNS and a Nurse Practitioner (NP). Since 2005, she has worked in the specialty area of palliative medicine caring for patients who have a serious life challenging illness and their families. In this role, she provides comprehensive palliative medicine consultation and follow-up care to inpatients and outpatients. Ms. Pelosi-Kelly has been professionally active on both the national and local levels of pain, hospice, and palliative care professional organizations. She has presented extensively on the topics of pain and palliative care and co-authored several articles and posters on these and other topics. In March 2011, Ms. Pelosi-Kelly completed initial certification as an Advanced Certified Hospice and Palliative Nurse (ACHPN) joining the elite group of only 583 ACHPNs nationally and only 21 certified in the State of Illinois.



**Randolph Rasch, PhD, RN, FNP-BC, FAANP, DS-NAP** – is a Professor at the University of North Carolina Greensboro, School of Nursing and Chair of the Department of Community Practice. Dr. Rasch has over twenty years of experience in nursing education, particularly in graduate education, and in the practice of primary care and community health. He is a Fellow in the American Academy of Nurse Practitioners (FAANP) and a Distinguished Scholar in the National Academies of Practice. Dr. Rasch has served as member of the board of directors of NONPF, the NCNA's Blue Ribbon Task Force on the Future of Nursing, AANP's Membership Structure and Services Work Group, the Advisory Committee for the Tennessee's Men's Health Report Card, and the Tennessee Early Comprehensive Systems Advisory Committee (child health). Dr. Rasch has led a number of workshops and consulted widely in the area of diversity in health care practice. His research and scholarship are in the areas of HIV/AIDS, dual diagnosis/substance treatment, and primary care.

**Mimi Secor, MS, M.Ed, FNP-BC, FAANP** – is a Nurse Practitioner with Newton Wellesley ObGyn in Massachusetts and a National Radio Host of "Partners in Practice" on ReachMD, where she interviews Nurse Practitioners about how they are helping to meet health care needs in the U.S. and the world. A Visiting Scholar at Boston College School of Nursing and a Guest Lecturer at Massachusetts General Hospital Institute of Health Professions, Ms. Secor is also President Emerita, Senior Advisor of Nurse Practitioner Associates for Continuing Education (NPACE) in Natick, Massachusetts. Ms. Secor recently co-authored the 2010 (second edition) of Advanced Health Assessment of Women, Clinical Skills and Procedures by Springer Publishing. She has published numerous articles and book chapters and has received several awards in patient care and education. Ms. Secor has extensive TV, radio, and print media experience.





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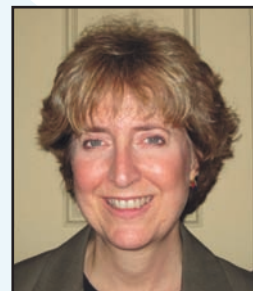
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**Fiona Shannon, MPH, FNP** – is the Administrative Director of the Nurse Practitioner Healthcare Foundation (NPHF), and directs all of the NPHF continuing education programs for NPs/nurses. She is also a partner in FnP Associates, a private, NP-owned business that initiated the National Clinical Symposium for the American College of Nurse Practitioners, and has provided consultation to a variety of agencies, Schools of Nursing, and projects. Currently, Ms. Shannon also serves as the Clinical Site Coordinator for the FNP-DNP Program at the University of Washington School of Nursing. She places doctoral students in clinical sites around Puget Sound, and recruits and mentors preceptors. Ms. Shannon's areas of practice have included primary care, occupational health, specialty care in a breast surgery practice, and women's health.

**Barbara St. Marie, ANP, GNP, RN-BC, PhD(c)** – is the Supervisor of Pain and Palliative Care at Fairview Ridges Hospital. Ms. St. Marie is certified in Pain Management Nursing and in Addiction Free Pain Management. She is a PhD Candidate in Nursing at the University of Wisconsin, Milwaukee. Ms. St. Marie has worked in pain management nursing for 32 years and has published extensively in the areas of pain and addiction, pain assessment, pain management in the elder patient, and epidural and intrathecal analgesia. Ms. St. Marie is the editor of the first and second edition of the Core Curriculum for Pain Management Nursing. She recently served as a reviewer of a Treatment Improvement Protocol entitled, "Managing Chronic Pain in People With or in Recovery from Substance Use Disorders" requested by the Federal Center for Substance Abuse Treatment, and produced by the Substance Abuse and Mental Health Services Administration (SAMHSA). This past year, Ms. St. Marie co-authored the Nurse Practitioner Healthcare Foundation's white paper "Managing Chronic Pain with Opioids: A Call for Change" and presented NPHF's testimony on this topic to the Institute of Medicine. She speaks throughout the world on issues of pain management nursing. Currently, Ms. St. Marie's doctoral dissertation topic and area of research is the coexistence of addiction and pain.



**Phyllis Zimmer, MN, FNP, FAAN** – is the President of the Nurse Practitioner Healthcare Foundation, faculty in the FNP-DNP Program at the University of Washington, and a partner in FnP Associates. As an FNP, she has practiced in the areas of adult health, women's health and family practice. Ms. Zimmer has served as a peer reviewer for training grants, a consultant for the AHRQ, and faculty advocate for the NHSC. She currently serves on several national advisory boards, and is on the editorial boards of the American Journal for Nurse Practitioners and NP World News. Ms. Zimmer chaired NONPF's Education Committee, which produced the first national curriculum guidelines for NP education. She has served as president of both NONPF and the ACNP, and as ACNP's Director of Marketing & Corporate Relations. Ms. Zimmer has been honored with the Distinguished Alumna Award (University of Rochester), Sharp "Cutting Edge" Award (ACNP), "Mover and Shaker" Award (ARNPs United), and Outstanding Nurse Practitioner Educator Award (NONPF). In 1996, she was selected by the U.S.PHS as a Primary Care Policy Fellow. Internationally, she has provided consultation to the development of the NP role in both The Netherlands and Canada and is a consultant to the "Connecting Nurses" project. She has focused her research activities in the areas of women's health, NP practice and education, and workforce issues. Ms. Zimmer co-authored the first national study looking at NPs' ability to request, receive, and dispense sample medications. At the state level, she chaired the task force that developed ARNPs UNITED in the State of Washington. Since 1997, she has been a Fellow of the American Academy of Nursing.

### NPHF Welcomes...

**Pamela Bennett, BSN, RN**, Representing Purdue Pharma, L.P.: Pamela Bennett, BSN, RN – is Executive Director of Healthcare Alliance Development for Purdue Pharma L.P., where she develops and manages relationships with national patient advocacy and professional associations. In this role, Ms. Bennett is also responsible for a number of educational initiatives addressing proper pain management and the public health issue of prescription drug abuse. With more than twenty years of experience in pain management systems, Ms. Bennett was an independent pain management consultant and educator prior to joining Purdue Pharma in 2001. She served as President of the American Society for Pain Management Nursing from 1998 to 1999. Ms. Bennett serves on the Board of Directors of the American Osteopathic Foundation and is on the Nominating Committee of C-Change. She is also a member of the International Association of the Study of Pain, the American Pain Society, the American Society for Pain Management Nursing, the American Academy of Pain Management, the Hospice and Palliative Care Nurses Association, and the Oncology Nursing Society.



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